

**PITTSFORD PARTNERSHIP FOR COMMUNITY EDUCATION
PRESENTS**

"SCREENAGERS": GROWING UP IN THE DIGITAL AGE

**FOR PARENTS AND CHILDREN AGES 10 AND
OLDER**

Don't miss this valuable parenting resource! A free community showing of the movie and discussion geared towards parents, tweens and teens.

**Tuesday, February 6th @6:30pm
Pittsford Sutherland High School Auditorium**

How worried should parents be about the amount of time their children spend looking at screens? How much should parents be overseeing screen time? What are the issues that arise from overuse of today's technology?



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This is the parenting issue of our time," said filmmaker and physician Delaney Ruston. "Technology isn't bad on its own, but it's bad when it's out of balance." Through poignant stories along with insights from psychologists and cognitive scientists, "Screenagers" offers a starting point for families to discuss a digital use plan that works for them.



The movie will be followed by a Q&A session and time for discussion.

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